

# ***A Kaleidoscope of Care: Responding to the Challenges of HIV and Substance Use***

## ***Modules At A Glance***

### ***I. Health Promotion and Adherence***

In the Health Promotion and Adherence Module, participants will learn information specific to HIV disease and substance use; including techniques to teach HIV health information to substance users and providers who serve them. Participants will learn to train on tailoring health promotion interventions to meet the specific needs of the HIV- infected substance-using individual. Specific areas to be covered in this module include: assessing client readiness to initiate and maintain antiretroviral therapy; identifying successful techniques and useful resources for supporting adherence with the target population, and talking with individuals about their drug use, HIV health and adherence. The module will take a broad perspective on adherence and understanding its significance with medical complications specific to HIV- infected substance users including: drug interactions, Hepatitis C, TB and other co-morbidities, and working with all providers to advance adherence with the active substance user.

***Co-Presented by: Dawn Fukuda, MSPH and Chinazo Cunningham, MD***

Dawn Fukuda has been working in the field of HIV/AIDS health care and service for over thirteen years; including holding positions of case manager, housing advocate and health educator in various settings. She has designed and administered trainings for medical and social service providers on a variety of HIV health topics including adherence, medical advocacy, HIV treatment options, and side effect management. Currently, she consults with regional education and training providers on developing HIV health trainings and curricula in addition to her work as a Health Educator/Advocate for a Ryan White Title III Early Intervention Services Program.

Chinazo Cunningham has been caring for HIV- infected drug users throughout her entire career and received awards and scholarships endorsing her work. Currently, she is the co-director of the HIV clinic at one of the Montefiore Medical Center neighborhood health centers. She founded and directs ROMEO (Room-based Medical Outreach), a collaborative outreach program to deliver comprehensive HIV primary care services to Single Room Occupancy (SRO) hotel residents in South Bronx, NY. Chinazo also serves as the principal investigator on a HRSA SPNS grant to longitudinally evaluate model outreach efforts.

### ***II. Strategies for Engagement and Retention in Care***

In the Strategies for Engagement and Retention in Care Module, participants will learn strategies to engage and retain HIV- infected substance users in care and gain skills to train on related topics. Participants will identify techniques to address the environmental, social, personal and cultural matters impacting an HIV – infected substance user’s decisions to access and use medical and substance abuse treatment services. Participants will learn about building relationships with service providers and creating community linkages to better coordinate and provide care to the HIV- infected substance-using population. This module will offer participants techniques to enhance motivation for positive behavior change in addition to making successful referrals. Finally, this module will address the promotion of provider well being in the work environment.

***Co-Presented by: Ken Kraybill, MSW and Dwight Clark, MBA***

Ken Kraybill has over eighteen years of direct-care experience providing engagement, retention, and long-term clinical case management services to persons experiencing homelessness in addition to their multiple health, mental health and substance use disorders. He has been involved in providing training, supervision, and consultation for many years in the field. Currently, Ken is the Clinician Specialist on staff at the National Health Care for the Homeless Council serving approximately 150 Health Care for the Homeless projects nationwide. Ken recently

developed an extensive training curriculum for outreach workers and regularly facilitates workshops around the country.

Dwight Clark has over sixteen years of experience working on HIV/AIDS related projects. He has served as Director for Operations for a National Institute on Drug Abuse Project to track the epidemic among users and as National Coordinator for the Center for HIV, Hepatitis and Addiction Training and Technology to improve the training and skills of individuals involved in outreach to addicted individuals and persons at risk of HIV and other infectious diseases. Currently, Dwight is the Program Manager for the National Minority AIDS Council's Prison Initiative, part of a CDC/HRSA funded Corrections Demonstration Project examining discharge planning HIV positive inmates in seven states across the country.

### ***III. Incorporating Harm Reduction Into Our Work***

The Incorporating Harm Reduction Into Our Work Module, will provide participants an overview and working knowledge of harm reduction. An important premise of this module is that harm reduction promotes options for individuals, addressing the continuum of drug use as well as the continuum of activities aimed at reducing the harms associated with drug use. Participants will identify the myriad of challenges with integrating harm reduction approaches and the spectrum of harm reduction practice opportunities in their work with HIV- infected substance users. Participants will be provided with practice opportunities to integrate the concepts and skills more fully in their work while exploring the differences between harm reduction and traditional abstinence based approaches for behavior change.

***Presented by: James F. Hogan, Training Specialist***

Jim Hogan is a Training Specialist for Project SPHERE (Statewide Partnership for HIV Education in Recovery Environments), working with substance abuse treatment providers to develop ways to integrate harm reduction approaches into their work with HIV – infected substance users. Jim has trained across Massachusetts and the nation on issues of substance abuse, HIV and harm reduction throughout his twenty years of experience in prevention, intervention, and treatment services to adults and youth.

### ***IV. Interdisciplinary Care: Building Relationships Among Providers and Agencies***

In the Interdisciplinary Care Module, participants will have the opportunity to explore the values, attitudes, logic, functions, and priorities of the various disciplines working with HIV- infected substance users. Through a case study approach, participants will discuss how various practitioners of the interdisciplinary team define, provide and evaluate client care. Participants in this module will identify variation among and within practitioners of their disciplines as related to their professional perspective, identity, and influence of personal experiences on professional practice. Participants will work together to identify communication barriers among the interdisciplinary care team and devise strategies to overcome these barriers. Participants will explore how linkages can be created between providers and service agencies throughout a community to better serve the HIV- infected substance user. Key features of innovative and successful models of interdisciplinary care across the country will be presented.

***Presented by: Laura Gillis, MS, RN***

Laura Gillis is the Director of Special Projects at Health Care for the Homeless (HCH) in Baltimore, Maryland. Laura directed a five-year Multiple Diagnosis Initiative funded by HRSA to engage homeless persons into primary care for treatment of HIV, substance abuse disorders, and persistent mental illness. Currently, she is collaborating with local evaluators of the initiative to analyze and then disseminate the findings to the broader community. Laura also provides technical assistance to the HCH programs and Community Health Centers – a national network of over 650 clinicians providing primary care to homeless persons.

***For further information, contact Kate Brown at (617) 426-4447, ext. 15 or kbrown@bu.edu***